



## Gymnastics

### Recreational Programs 2020-2021

Located at Unit 2 - 781 Kapelus Drive,  
West St Paul

#### Contact

[keystonekips@mts.net](mailto:keystonekips@mts.net) or 204-694-8096

#### Mail Registration Forms and Payment to:

**Keystone Kips Gymnastics**

**2-781 Kapelus Dr**

**West St Paul, MB R4A 5A4**

- Registrations will not be accepted without complete *registration forms, deposit and posted dated cheques.*
- Registrations are processed in the order they are received. **As classes fill up, they will be posted on our website. There will be no further notification unless the class is full.**
- Each class has a limited number of spaces to maintain the coach to gymnast ratio.

#### General Information:

- **Classes commence** Saturday September 12<sup>th</sup>, 2020 and will finish June 12, 2021.
- **Classes will not be pro-rated due to statutory holidays and exclusion dates**
- **All fees include a \$45 Non-Refundable MGA insurance Fee (Sept -Aug), Admin Fee, and GST**
- **10% Discount** off club registration for every additional child. Discount applied to lowest fee (Parent and Tot & Mini Kips not included).
- **Payments can be made by cash or cheque only. Cheques should be made out to Keystone Kips Gymnastics. Classes paid in full can be done by e-transfer.**
- NSF cheques subject to a \$25 processing fee.
- **Deposit will not be refunded at any time. No refunds will be given for classes attended. No refunds issued after the 3<sup>rd</sup> class into the program for any reason. At the discretion of Keystone Kips, make up classes or credit towards future programming may be given for classes missed due to Government of Manitoba Public Health Order or Public State of Emergency closures.**
- There will be a \$30.00 admin fee for refunds on **Mini Kips and Parent & Tot Classes**. No refunds after the 3<sup>rd</sup> class.
- All participants must have bare feet, hair tied back, and jewellery removed. Gymnasts should wear clothing they can easily move around in such as leotards (no skirts), tights, or shorts and a t-shirt.
- **Keystone Kips will be closed on the following dates:**

Thanksgiving	Oct 12/20	Keystone Kips Classic	TBA
Remembrance Day	Nov 11/20	Spring Break	Mar 29- Apr 1/21
Winter Break	Dec 21-Jan 3/21	Good Friday-Easter Sunday	Apr 2-Apr 4/21 inclusive
Louis Riel Day	Feb 15/21	Victoria Day Weekend	May 22-24/21 inclusive

**Keystone Kips reserves the right to cancel classes due to inclement weather, competitions, shows, displays, clinics etc.**

**Classes start the week of Sept 12/20 for fall, Jan 4/21 for Winter, Apr 5/21 for Spring**

**Parent & Tot** (Ages 1-3) – 45 minute classes - Parent participation required.

\*Note: If you have **completed a session** in the 2020/2021 and are registering for another session **you do not pay the MGA fee of \$45.00 again**. All prices below include the MGA fee

<b>Fall Session</b> (13 classes) \$280.00*	<b>Winter Session</b> (11 classes) \$245.00*	<b>Spring Session</b> (8 classes) \$190.00*
Sat 9:00 am or 10:00 am	Sat 9:00 am or 10:00 am	Sat 9:00 am or 10:00 am

**Classes start the week of Sept 12/20 for fall, Jan 4/21 for Winter, Apr 5/21 for Spring**

**Mini Kips** (Ages 3-4) – 45 minute classes -Basic gymnastics movements, no parent participation required.

\*Note: If you have **completed a session** in the 2020/2021 and are registering for another session **you do not pay the MGA fee of 45.00** again. All prices below include the MGA fee

<b>Fall Session</b> (13 classes) \$280.00	<b>Winter Session</b> (11 classes) \$245.00*	<b>Spring Session</b> (8 classes) \$190.00*
Mon, Tues, Wed, Thurs, or Fri 5:00 pm	Mon, Tues, Wed, Thurs, or Fri 5:00 pm	Mon, Tues, Wed, Thurs, or Fri 5:00 pm
Sat 9:15 am	Sat 9:15 am	Sat 9:15 am
Sat 10:15 am	Sat 10:15 am	Sat 10:15 am

**Kips 1** – 1 hour classes - For those aged 5+ with limited or no gymnastics experience.

**One-time payment of \$778.80 or \$241.80 deposit + 3 x \$179.00 (postdated for 1<sup>st</sup> of the month Oct/Nov/Dec)**

Mon, Tues, Wed, Thurs or Fri. 5:00 – 6:00 pm Sat 9:00 – 10:00 am or 10:00 – 11:00 am

**Kips 2** 1 hour classes - For gymnasts who have passed Kips 1 or have some basic gymnastics experience.

**One-time payment of \$778.80 or \$241.80 deposit + 3 x \$179.00 (postdated for 1<sup>st</sup> of the month Oct/Nov/Dec)**

Mon, Tues, Wed, Thurs or Fri. 5:00 – 6:00 pm Sat 9:00 – 10:00 am or 10:00 – 11:00 am

**Kips 3** – 1.5 hour classes - For gymnasts who have passed Kips 2 or have moderate gymnastics experience.

**One-time payment of \$857.55 or \$254.55 deposit + 3 x \$201.00 (postdated for 1<sup>st</sup> of the month Oct/Nov/Dec)**

Mon, Tues, Wed, or Thurs 6:00 – 7:30 pm Sat 11:00 – 12:30 pm or 12:30 – 2:00 pm

**Kips 4** – Classes twice per week, 3 hours total per week – For gymnasts who have passed Kips 3 or have moderate gymnastics experience.

**One-time payment of \$1,172.55 or \$247.55 deposit + 5 x \$185.00 (postdated for 1<sup>st</sup> of the month Oct/Nov/Dec/Jan/Feb)**

Mon 6:00 - 7:30 pm & Sat 11:00-12:30 pm Tues 6:00 - 7:30 pm & Sat 11:00-12:30 pm  
Wed 6:00 - 7:30 pm & Sat 12:30-2:00 pm Thurs 6:00 - 7:30 pm & Sat 12:30-2:00 pm

**Interclub** – Classes twice per week, 4 hours total per week - For gymnasts who have passed Kips 4 or have advanced gymnastics experience. This is an advanced recreational level that gives gymnasts the opportunity to put together routines and perform them at optional in-house fun meets throughout the year.

**One-time payment of \$1,377.30 or \$282.30 deposit + 5 x \$219.00 (postdated for 1<sup>st</sup> of the month Oct/Nov/Dec/Jan/Feb)**

Tues 7:00 - 9:00 pm & Sat 2:00 - 4:00 pm Wed 7:00 - 9:00 pm & Sat 2:00 - 4:00 pm  
Thurs 7:00 – 9:00 pm & Sat 2:00 – 4:00 pm

**Boys 1** – 1.5 hour classes - For boys aged 7+ who have some basic gymnastics experience.

**One-time payment of \$857.55 or \$254.55 deposit + 3 x \$201.00 (postdated for 1<sup>st</sup> of the month Oct/Nov/Dec)**

Thurs 5:30 – 7:00 pm

**Boys 2** – 2 hour classes - For boys who have passed the Boys 1 class or have more moderate gymnastics experience.

**One-time payment of \$962.54 or \$238.54 deposit + 4 x \$181.00 (postdated for 1<sup>st</sup> of the month Oct/Nov/Dec/Jan)**

Thurs 7:00 – 9:00 pm

**Keystone Kips Gymnastics is not responsible for any lost or stolen items, please do not allow your child to bring valuables to the gym.**

# Keystone Kips Gymnastics Inc

GST #826337685RT0001

**(PLEASE PRINT CLEARLY)**

## Registration Information:

Class: \_\_\_\_\_ Day: \_\_\_\_\_ Time: \_\_\_\_\_

## Participant Information:

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Gender: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth (MM-DD-YYYY): \_\_\_\_\_

Returning Member: \_\_\_\_\_ New Member: \_\_\_\_\_

MB Medical Registration #: \_\_\_\_\_ Personal Health ID #: \_\_\_\_\_

Any medical/other information the club should be aware of:

\_\_\_\_\_

## Parental Contact Information:

Mother's Name: \_\_\_\_\_ Email: \_\_\_\_\_

Home #: \_\_\_\_\_ Cell #: \_\_\_\_\_ Work #: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Email: \_\_\_\_\_

Home #: \_\_\_\_\_ Cell #: \_\_\_\_\_ Work #: \_\_\_\_\_

Emergency Contact (other than parents): \_\_\_\_\_

Emergency Contact #: \_\_\_\_\_

\_\_\_\_\_

## Other Information:

**Keystone Kips Gymnastics Inc. is paperless. All communication will be done via email. Our website and social media applications will be updated with information as it occurs as well. All personal information on this form will be made available to coaches. This information will not be shared with outside sources.**

### **How Did You Hear About Us?**

\_\_\_\_ Selkirk Record

\_\_\_\_ Times or Herald

\_\_\_\_ Leisure Guide

\_\_\_\_ Mail/Flyer

\_\_\_\_ Facebook

\_\_\_\_ Instagram

\_\_\_\_ Word of Mouth

Other: \_\_\_\_\_

## Parental Release Form

I have attained the age of majority and am the parent/guardian of \_\_\_\_\_ (my "Child"). I understand and acknowledge that my Child will be participating in a strenuous athletic activity that involves risks that may result in serious injury and, in consideration of Keystone Kips Gymnastics Inc. permitting my Child to participate in the above-noted gymnastics class(es) (the "Classes"), I acknowledge and agree that:

1. I assume and accept all risks, dangers and hazards in connection with my Child participating in the Classes.
2. I release, on my own behalf and on behalf of my Child, Keystone Kips Gymnastics Inc., together with its members, shareholders, directors, officers, employees, insurers, contractors and agents (collectively, the "Releasees") from all claims, demands, losses, damages, costs and liabilities whatsoever ("Claims") in respect of personal or emotional injury or death or real or personal property damage or any other loss ("Losses") that my Child may suffer or incur by reason of, or in any way arising out of, my Child participating in the Classes, due to any cause whatsoever.
3. I will not initiate or commence any claim or action against any of the Releasees, whether on behalf of my Child or on my own behalf.
4. That the Releasees are not responsible for safe-guarding my personal property or the personal property of my Child, and accordingly, I confirm that the Releasees are not responsible for any loss, theft or damage to such personal property, whether or not such loss, theft or damage occurs while my Child is participating in the Classes.
5. I will indemnify and save harmless the Releasees from and against all Claims which may be brought against the Releasees by or on behalf of my Child or by any other person (including any other parent or guardian of my Child) in respect of Losses that my Child or any such other person may suffer or incur by reason of, or in any way arising out of, my Child participating in the Classes, due to any cause whatsoever.
6. I will not make any Claim or commence or continue any legal action against any person, company or other entity that might claim contribution, indemnity or other relief from the Releasees, whether under statute or otherwise, by reason of, or in any way arising out of, my Child participating in the Classes.
7. This Release and Indemnity shall apply whether or not any such Claims or Losses arise from an act or omission of any of the Releasees and whether or not any such act or omission may have constituted negligence, breach of contract, nuisance, misfeasance, tort or any other cause of action whatsoever.

It is the responsibility of the parent/guardian below to meet all financial requirements. Keystone Kips Gymnastics Inc. does not coordinate payments between ex-spouses.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

We will be taking photographs and video of athletes during practice, competitions and during the year end display. The photographs and video taken may be used in our website as well as in media coverage. By signing below, you give Keystone Kips Gymnastics Inc. permissions to use photographs and /or video of your child on our website and other media venues.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Office Use:

Deposit _____	Cash _____	1 <sup>st</sup> Payment _____	Cash _____	2 <sup>nd</sup> Payment _____
3 <sup>rd</sup> Payment _____	Cash _____	4 <sup>th</sup> Payment _____	Cash _____	5 <sup>th</sup> Payment _____
6 <sup>th</sup> Payment _____	Cash _____	7 <sup>th</sup> Payment _____	Cash _____	8 <sup>th</sup> Payment _____
9 <sup>th</sup> Payment _____	Cash _____	10 <sup>th</sup> Payment _____	Cash _____	11 <sup>th</sup> Payment _____