



**Gymnastics**  
**Recreational Programs**  
**2023-2024**

**Keystone Kips Gymnastics**

GST #826337685RT0001

**781 Kapelus Drive,**

**West St Paul, MB**

**[keystonekips@mts.net](mailto:keystonekips@mts.net) or 204-694-8096**

Once online registration is submitted, payment can be made by:

- **Cheque - (deposit and postdates both at time of registration to secure your spot). Made out to Keystone Kips Gymnastics.**
- **Etransfer - (only if paying in full) to [keystonekips@mts.net](mailto:keystonekips@mts.net)**
- **Cash**

**Your invoice # or child's name and class must be included in with your payment.**

**Payment must be received within 5 days of registering to complete registration. If payment is not received within the 5 days your registration may be cancelled.**

**General Information:**

- **Classes commence Saturday September 9, 2023** and will finish June 6, 2024.
- **Classes will not be pro-rated due to statutory holidays and exclusion dates.**
- **All fees include an annual Non-Refundable MGA fee of \$45.50 + GST (Sept -Aug), and Admin Fee \$45.00 + GST.**
- **No refunds will be given for classes attended. No refunds issued after the 3<sup>rd</sup> class into the program unless a medical note is provided upon withdrawal. At the discretion of Keystone Kips, make up classes or credit towards future programming may be given for classes missed due to Government of Manitoba Public Health Order or Public State of Emergency closures. No refunds given.**
- **10% Discount** off club registration for every additional child. Discount applied to lowest fee (Parent and Tot & Mini Kips not included).
- **Payments can be made by cash or cheque only. Cheques should be made out to Keystone Kips Gymnastics. Classes paid in full can be done by e-transfer to [keystonekips@mts.net](mailto:keystonekips@mts.net).**
- NSF cheques are subject to a \$25 processing fee.
- All participants must have bare feet, hair tied back, and jewelry removed. Gymnasts should wear clothing they can easily move around in such as leotards (no skirts), tights, or shorts and a t-shirt.
- Keystone Kips statutory holidays and exclusion dates:

National Day for Truth and Reconciliation	Sept 30/23	Keystone Kips Classic	Mar 1, 2 & 3/24 (tentative)
Thanksgiving	Oct 9/23	Spring Break	Mar 25- Mar 31/24
Halloween	Oct 31/23	Victoria Day Weekend	May 18, 19 & 20/24
Remembrance Day	Nov 11/23	inclusive	
Winter Break	Dec 24-Jan 5/24	Tentative Year End	Jun 7, 8 & 9/24
Louis Riel Day	Feb 19/24	Display Dates	

**Keystone Kips reserves the right to cancel classes due to inclement weather, competitions, shows, displays, clinics etc.**

**One-time payment amounts include MGA Fee, Admin Fee and GST \***

**For installments MGA Fee, Admin Fee and GST included in deposit \*\***

**Kips 1** – 1 hour classes - For those aged 5+ with limited or no gymnastics experience.

One-time payment of **\$846.19 \*** or deposit **\$273.87 \*\* + 4 x \$143.08** postdated for **15<sup>TH</sup> of the month Oct/Dec/Feb/Apr**

Mon, Tues, Wed, Thurs or Fri. 5:00 - 6:00 pm Sat 9:00 - 10:00 am, 10:00 - 11:00 am or 11:00 am – 12:00 pm

**Kips 2** 1 hour classes - For gymnasts who have passed Kips 1 or have some basic gymnastics experience.

One-time payment of **\$846.19 \*** or deposit **\$273.87 \*\* + 4 x \$143.08** postdated for **15<sup>TH</sup> of the month Oct/Dec/Feb/Apr**

Mon, Tues, Wed, Thurs or Fri. 5:00 - 6:00 pm Sat 9:00 - 10:00 am, 10:00 - 11:00 am, or 11:00 – 12:00 pm  
Mon or Wed 6:00 - 7:00 pm

**Kips 3** – 1.5 hour classes - For gymnasts who have passed Kips 2 or have moderate gymnastics experience.

One-time payment of **\$957.53 \*** or deposit **\$300.37 \*\* + 4 x \$164.29** postdated for **15<sup>TH</sup> of the month Oct/Dec/Feb/Apr**

Mon, Tues, Wed, or Thurs 6:00 - 7:30 pm Sat 11:00 - 12:30 pm

**Kips 4** – Classes twice per week, 3 hours total per week – For gymnasts who have passed Kips 3 or have moderate gymnastics experience.

One-time payment of **\$1,364.89 \*** or deposit **\$357.09 \*\* + 5 x \$201.56** postdated for **15<sup>TH</sup> of the month Nov/Dec/Jan/Feb/Mar**

Mon 6:00 - 7:30 pm & Sat 11:00 - 12:30 pm Mon 7:00 - 8:30 pm & Wed 7:00 - 8:30 pm  
Tues 6:00 - 7:30 pm & Sat 11:00 - 12:30 pm Tues 7:30 - 9:00 pm & Thurs 7:30 - 9:00 pm  
Wed 6:00 - 7:30 pm & Sat 12:30 - 2:00 pm Thurs 6:00 - 7:30 pm & Sat 12:30 - 2:00 pm

**Kips 5** – Classes twice per week, 4 hours total per week – For gymnasts who have passed Kips 4 or have advanced gymnastics experience.

One-time payment of **\$1,679.50 \*** or deposit **\$386.02 \*\* + 6 x \$215.58** postdated for **15<sup>TH</sup> of the month Oct/Nov/Dec/Jan/Feb/Mar**

Tues 6:00 - 7:30 pm & Sat 12:00 - 2:30 pm Thurs 7:30 - 9:00 pm & Sat 2:00 - 4:30pm  
Wed 7:30 - 9:00 pm & Sat 12:00 - 2:30 pm

**Interclub** – Classes twice per week, 4 hours total per week - For gymnasts who have passed Kips 5 or have advanced gymnastics experience. This is an advanced recreational level that gives gymnasts the opportunity to put together routines and perform them at optional in-house fun meets throughout the year.

One-time payment of **\$1,679.50 \*** or deposit **\$386.02 \*\* + 6 x \$215.58** postdated for **15<sup>TH</sup> of the month Oct/Nov/Dec/Jan/Feb/Mar**

Tues 7:30 - 9:00 pm & Sat 2:00 - 4:30 pm Thurs 7:30 - 9:00 pm & Sat 2:00 - 4:30 pm  
Mon 6:30 - 9:00 pm & Fri 7:30 – 9:00 pm

**Boys** – 1.5 hour classes - For boys aged 7+ who have some basic gymnastics experience.

One-time payment of **\$957.53 \*** or deposit **\$300.37 \*\* + 4 x \$164.29** postdated for **15<sup>TH</sup> of the month Oct/Dec/Feb/Apr**

Thurs 6:00 – 7:30 pm

**Keystone Kips Gymnastics is not responsible for any lost or stolen items, please do not allow your child to bring valuables to the gym.**